

VIA ALPINA PLANNED SCHEDULE

Via Alpina Official Stage	Cum. Distance	Waypoint	Country	Refuge	Village	Train	Bus	Day of Hiking	Night	Day Distance
R161	0.0	Monaco - Place du Palais	Monaco		X	X	X	0	Sat 12-May-12	0.0
R160/D61	30.2	Sospel	France		X		X	1	Sun 13-May-12	30.2
D61/D60	49.1	Col de Turini	France	X				2	Mon 14-May-12	18.9
D59/58	81.2	St-Martin-Vésubie	France		X		X	3	Tue 15-May-12	32.1
D57	103.3	Roure	France		X			4	Wed 16-May-12	22.1
D56/D55	129.2	Roya	France	X				5	Thu 17-May-12	25.9
D54/D53	158.7	Bousiéyas	France	X				6	Fri 18-May-12	29.5
D53/D52	178.1	Larche	France		X		X	7	Sat 19-May-12	19.4
R134/R133	204.9	Maljasset	France		X			8	Sun 20-May-12	26.8
R132	226.4	Bramousse	France	X				9	Mon 21-May-12	21.5
R131/R130	252.9	Mont-Dauphin (Guillestre)	France		X		X	10	Tue 22-May-12	26.5
R130/R129	275.0	Freissinières	France		X			11	Wed 23-May-12	22.1
R128	300.6	Pelvoux	France	X				12	Thu 24-May-12	25.6
R127/R126	327.2	Névache	France		X		X	13	Fri 25-May-12	26.6
R125/R124	356.3	Modane	France		X	X	X	14	Sat 26-May-12	29.1
R125/R124	356.3	Modane	France		X	X	X	15	Sun 27-May-12	Rest
R123	390.3	Refuge d'Entre-deux-Eaux	France	X				16	Mon 28-May-12	34.0
R121	423.0	Le Chenal	France	X				17	Tue 29-May-12	32.7
R119/R118	455.4	Valgrisenche	Italy		X		X	18	Wed 30-May-12	32.4
R118/R117	474.4	Céréllaz	Italy	X			X	19	Thu 31-May-12	19.0
R117/R116	501.2	Col du Grand-Saint-Bernard	Switzerland		X		X	20	Fri 01-Jun-12	26.8
R115/R114	529.8	Champex	Switzerland		X		X	21	Sat 02-Jun-12	28.6
R113	554.9	Le Buet	Switzerland		X	X		22	Sun 03-Jun-12	25.1
R111	583.3	Chalets d'Anterne	France	X				23	Mon 04-Jun-12	28.4
R109	612.3	X GR 5 / Tour des Portes du Soleil	France	X				24	Tue 05-Jun-12	29.0
R108	633.7	Lac de Salanfe	Switzerland	X				25	Wed 06-Jun-12	21.4
R107/R106	655.9	Col du Demècre	Switzerland	X				26	Thu 07-Jun-12	22.2
R106/R105	681.2	Anzeindaz	Switzerland	X				27	Fri 08-Jun-12	25.3
R104/R103	708.9	Gsteig	Switzerland	X			X	28	Sat 09-Jun-12	27.7
C14	735.1	Hahnenmoospass	Switzerland		X		X	29	Sun 10-Jun-12	26.2
C14	735.1	Hahnenmoospass	Switzerland		X		X	30	Mon 11-Jun-12	Rest
C12	762.5	Oeschinensee	Switzerland	X				31	Tue 12-Jun-12	27.4

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C11	785.2	Spielbodenalp	Switzerland	X				32	Wed 13-Jun-12	22.7
C10/C9	810.7	Grindelwald	Switzerland		X	X	X	33	Thu 14-Jun-12	25.5
C8	841.2	Wagenkehr	Switzerland	X			X	34	Fri 15-Jun-12	30.5
C7	869.8	Stäfeli	Switzerland	X				35	Sat 16-Jun-12	28.6
C6	895.5	Spiringen	Switzerland		X		X	36	Sun 17-Jun-12	25.7
C5	926.4	Braunwald	Switzerland		X		X	37	Mon 18-Jun-12	30.9
C4/C3b	951.5	Elm	Switzerland		X		X	38	Tue 19-Jun-12	25.1
C3a	983.6	Mels	Switzerland		X	X	X	39	Wed 20-Jun-12	32.1
C1/R57	1016.0	Sücka	Liechtenstein	X			X	40	Thu 21-Jun-12	32.4
R56/R55	1042.8	Feldkirch	Austria		X	X	X	41	Fri 22-Jun-12	26.8
R56/R55	1042.8	Feldkirch	Austria		X	X	X	42	Sat 23-Jun-12	Rest
R54/R53	1079.6	Buchboden	Austria	X			X	43	Sun 24-Jun-12	36.8
R52	1112.3	Widdersteinhütte	Austria	X				44	Mon 25-Jun-12	32.7
R51/R50	1142.6	Oberstdorf	Germany		X	X	X	45	Tue 26-Jun-12	30.3
R50/R49	1163.1	Prinz-Luitpold-Haus	Germany	X				46	Wed 27-Jun-12	20.5
R49/R48	1189.9	Weißbach am Lech	Austria		X		X	47	Thu 28-Jun-12	26.8
R47	1222.7	Biberwier	Austria	X			X	48	Fri 29-Jun-12	32.8
R46/R45	1246.8	Reintalanger Hütte	Germany	X				49	Sat 30-Jun-12	24.1
R44	1270.2	Ahrn	Austria		X			50	Sun 01-Jul-12	23.4
R43	1297.7	Karwendelhaus	Austria	X				51	Mon 02-Jul-12	27.5
R42/R41	1324.7	Lamsenjochhütte	Austria	X				52	Tue 03-Jul-12	27.0
R40	1353.9	Kellerjochhütte	Austria	X				53	Wed 04-Jul-12	29.2
R39/R38	1372.9	Rastkogelhütte	Austria	X				54	Thu 05-Jul-12	19.0
R37/R36	1404.9	Ginzling	Austria		X		X	55	Fri 06-Jul-12	32.0
R37/R36	1404.9	Ginzling	Austria		X		X	56	Sat 07-Jul-12	Rest
R36/R35	1429.5	Pfitscherjoch / Passo Vizze	Italy	X				57	Sun 08-Jul-12	24.6
R34/R33	1457.0	Chemnitzer Hütte / Rifugio G. Porro	Italy	X				58	Mon 09-Jul-12	27.5
R32	1488.6	Rein / Riva di Tures	Italy		X		X	59	Tue 10-Jul-12	31.6
R31/R30	1504.6	Antholz-Mittertal / Anterselva di Mezzo	Italy		X		X	60	Wed 11-Jul-12	16.0
R29	1537.1	Schmieden / Ferrara	Italy		X		X	61	Thu 12-Jul-12	32.5
R29	1537.1	Schmieden / Ferrara	Italy		X		X	62	Fri 13-Jul-12	Rest
R27	1563.6	Höhlensteintal	Italy	X			X	63	Sat 14-Jul-12	26.5

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R26/R25	1590.1	Sillianer Hütte	Italy	X				64	Sun 15-Jul-12	26.5
R24/R23	1616.6	Neue Porze Hütte	Austria	X				65	Mon 16-Jul-12	26.5
R23/R22	1637.6	Hochweißsteinhaus	Austria	X				66	Tue 17-Jul-12	21.0
R21/R20	1659.8	Untere Valentinalm	Austria	X				67	Wed 18-Jul-12	22.2
R19	1688.5	Straniger Alm	Austria	X				68	Thu 19-Jul-12	28.7
R18/R17	1718.2	Egger Alm	Austria	X				69	Fri 20-Jul-12	29.7
R16/R15	1752.7	Thörl-Maglern	Austria		X		X	70	Sat 21-Jul-12	34.5
R14	1783.0	Vršič	Slovenia	X			X	71	Sun 22-Jul-12	30.3
R11/R10	1815.4	Dom na Komni	Slovenia	X				72	Mon 23-Jul-12	32.4
R9	1843.5	Petrovo Brdo	Slovenia	X			X	73	Tue 24-Jul-12	28.1
R7	1881.0	Idrsek	Slovenia		X		X	74	Wed 25-Jul-12	37.5
R5/R4	1914.6	Predjama	Slovenia		X	X	X	75	Thu 26-Jul-12	33.6
R2	1953.7	Lokev	Slovenia		X		X	76	Fri 27-Jul-12	39.1
R1	1991.3	Muggia (Trieste)	Italy		X			77	Sat 28-Jul-12	37.6