

ROUND IRELAND ITINERARY			
(rough estimate)			
Days	Stage End	Distance (km)	
		Day	Cumulative
24-Mar-16	Dublin	0	0
25-Mar-16	Knockree Hostel	29	29
26-Mar-16	Wicklow Way Lodge	21	50
27-Mar-16	Drumgoft	23	73
28-Mar-16	Ashfield Hostel	32	105
29-Mar-16	Clonegall	32	137
30-Mar-16	Borris	27	164
31-Mar-16	Inistioge	30	194
01-Apr-16	Mullinvat	28	222
02-Apr-16	Carrick-On-Suir	21	243
03-Apr-16	Carrick-On-Suir	0	243
04-Apr-16	Ballymacarbry	32	275
05-Apr-16	Clogheen	25	300
06-Apr-16	Mountain Barrack	28	328
07-Apr-16	Ballyhooly	28	356
08-Apr-16	Castlepark Village	25	381
09-Apr-16	Nad	22	403
10-Apr-16	Milstreet	23	426
11-Apr-16	Ballyvourney	24	450
12-Apr-16	Ballingeary	18	468
13-Apr-16	Saint Helenes	28	496
14-Apr-16	Hungry Hill Lodge	32	528
15-Apr-16	Castleton-Bearhaven	21	549
16-Apr-16	Castleton-Bearhaven	32	581
17-Apr-16	Slievenagry	25	606
18-Apr-16	Ballydonegan	27	633
19-Apr-16	Ardgroom	27	660
20-Apr-16	Kenmare	34	694
21-Apr-16	Kenmare	0	694
22-Apr-16	Sneem	30	724
23-Apr-16	Waterville	32	756
24-Apr-16	Cahersiveen	28	784
25-Apr-16	Glenbeigh	30	814
26-Apr-16	The Stepping Stone	25	839
27-Apr-16	Killarney	33	872
28-Apr-16	Shanahill Bridge	28	900
29-Apr-16	Dingle	41	941
30-Apr-16	Ballyferriter	35	976
01-May-16	Cloghane	36	1012
02-May-16	Castlegregory	27	1039
03-May-16	Tralee	29	1068
04-May-16	Tralee	0	1068

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05-May-16	Ballyheigue	25	1093
06-May-16	Moyreen	38	1131
07-May-16	Mungret	40	1171
08-May-16	Killaloe	32	1203
09-May-16	Kilroe	35	1238
10-May-16	Crusheen	36	1274
11-May-16	Lough Burke	33	1307
12-May-16	Lahinch	22	1329
13-May-16	Fanore	43	1372
14-May-16	Ballydoora Cross	29	1401
15-May-16	Tubber	33	1434
16-May-16	Kilgolgan	29	1463
17-May-16	Galway	20	1483
18-May-16	Galway	0	1483
19-May-16	Oughterard	42	1525
20-May-16	Maam	26	1551
21-May-16	Leenaun	30	1581
22-May-16	Murrisk	35	1616
23-May-16	Newport	22	1638
24-May-16	Bellacorick	35	1673
25-May-16	Ballycastle	33	1706
26-May-16	Ballina	29	1735
27-May-16	Kilkenny	32	1767
28-May-16	Coolaney	32	1799
29-May-16	Dromahaire	34	1833
30-May-16	Dromahaire	0	1833
31-May-16	Manorhamilton	15	1848
01-Jun-16	Dowra	28	1876
02-Jun-16	Blacklion	22	1898
03-Jun-16	Glennasheever Rd	31	1929
04-Jun-16	Belleek	15	1944
05-Jun-16	Pettigo	33	1977
06-Jun-16	Bolaght Road	28	2005
07-Jun-16	Beltany Road	23	2028
08-Jun-16	Gortin	22	2050
09-Jun-16	Draperstown	35	2085
10-Jun-16	Dungiven	19	2104
11-Jun-16	A37 Road	29	2133
12-Jun-16	Castlerock	30	2163
13-Jun-16	Portrush	27	2190
14-Jun-16	Portrush	0	2190
15-Jun-16	Ballcastle	39	2229

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16-Jun-16	Old Cushendun Road	26	2255
17-Jun-16	Carnlough	30	2285
18-Jun-16	Ballynure	31	2316
19-Jun-16	Belfast	29	2345
20-Jun-16	Drumbo	27	2372
21-Jun-16	Helen's Bay	33	2405
22-Jun-16	Millisle	25	2430
23-Jun-16	Cloughey	24	2454
24-Jun-16	Ardglass	33	2487
25-Jun-16	Dundrum	27	2514
26-Jun-16	Dundrum	0	2514
27-Jun-16	Kilkeel Road	27	2541
28-Jun-16	Newry	30	2571
29-Jun-16	Jonesborough	20	2591
30-Jun-16	Castlebellingham	30	2621
01-Jul-16	Drogheda	31	2652
02-Jul-16	Skerries	30	2682
03-Jul-16	Portmarnock	30	2712
04-Jul-16	Dublin	20	2732